



Welcome!

Welcome to the JA Inspire Workbook! You're about to explore options for your future. You will learn more about yourself and what you might want to choose for a career. Then you'll attend the Showcase to explore businesses in your community. One of them might have a job that's just right for you in the future! After the Showcase, you'll think about what you've learned and your next steps for high school and beyond.

You are here to learn:

- why career planning is important, even for middle school students.
- why it's important for you to understand your own values, skills, and interests when you explore career choices.
- about the 16 career clusters that organize careers and jobs.
 - which career clusters might be the best fit for you at this point in your life.
 - how to make a personal plan for the Business & Industry Showcase.

Pre-Program Survey

Before starting your journey, complete the required pre-program survey.



Take the Survey



Session One: Career Interests and Your Path

You are a unique blend of values, skills, and interests.

Developing a Career Plan

To plan your best career, it's important to understand yourself. Your personal values, skills, and interests should guide your career planning.

The first step is to consider what is important to you. Then, think about what you're good at and what you enjoy doing.

What's important to you? What makes you proud and happy? Who inspires you and why? These personal **values** guide your actions and help define you.

Values can include honesty, kindness, courage, and loyalty, as well as social connection, artistic expression, and personal achievement. Maybe you see injustice and want to work to change it. Maybe you value independence and want to run your own business. Or, you value contributing to a group's success and want to be part of a work team. Values are the starting point in defining yourself. What are you good at? What do you enjoy doing? Everyone has unique abilities as well as weaknesses. No one is great at everything. Knowing your unique combination of strengths and interests can help guide your choices in education, training, extracurricular activities, and employment.

Watch the video "**Developing a Career Plan"** to learn more. *Your teacher will share the video.*



- Open your Career Interests and Your Path worksheet and answer the questions for this section.
- Answer the questions for the Developing a Career Plan section.
- Return to this worksheet after completing the <u>Career Interest</u> <u>Inventory</u> to record your results.

Take the Career Interest Inventory to explore your career interests. Just select Take the Inventory.

Remember: Record your scores on page 2 of the worksheet before closing the results page.





Session Two: Career Planning and Your Path

Figuring out what you love to do is the first step toward a fulfilling career. The better you know yourself and the more you plan, the more likely you will be ready to take the right steps toward a fulfilling career that matches your values, skills, and interests.

Watch the video **"Why is Career Planning Important?"** *Your teacher will share the video.*

Career Clusters

A career cluster is a group of careers that share common features. If you like one job or career in a cluster, you might find others in that cluster that interest you. Career cluster icons are used throughout JA Inspire Virtual. Refer to the following chart as necessary.



Explore Career Clusters

Explore the career clusters using <u>Career Explorer</u> on JA Here to Career™.

- Navigate to Career Explorer in **JA Here to Career™**.
- On the Career Explorer page, select a cluster's icon to see careers that fall into it.
- This page also shows you the jobs' income range and the general level of education and experience needed. Select specific jobs to learn more about them.



Because you are not logged in, you will be asked to **Set Your Area**. Please enter the JA Area Code **101301.**

Discover Jobs

- 1. Select a career to learn more information.
- 2. The box shows the outlook for that job, education needed, and related careers. The tabs (Video, Skills, Knowledge, Ability, Personality, Technology) provide more detail. Look at different jobs to learn about the skills and training needed. Explore as many jobs and career clusters as you want!

Note: In the Quick Info section, be sure you are clicked on National



TAKE NOTE!

Businesses have jobs in multiple clusters. For example, banks are in the Finance career cluster but may also have jobs in Communications, Marketing, Information Technology, and others. Don't disqualify a business because you don't think it falls within your preferred cluster. Keep your eyes open for ways to combine your multiple interests and skills into a single job!

Open your Career Planning and Your Path worksheet.

- 1. Answer the questions about the "<u>Why Is Career Planning</u> <u>Important?"</u> video.
- 2. Explore Career Clusters and complete that section of the worksheet.



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Session Three: Preparing for the Showcase

It's time to get ready for the Business & Industry Showcase where you'll find careers in action. Preparation is key to a productive event.

At the event, you'll have a chance to:

Learn about a variety of local career opportunities.

Interact with business representatives.



Participate in hands-on activities from businesses in Anderson, Oconee & Pickens.



See work equipment.

In this session, you'll prepare to make a good impression on representatives from local businesses. You may one day be hired at one of these businesses! After attending the event, you'll have a chance to reflect on the experience and identify next steps in your career-planning journey. **Prepare to be inspired!**

Elevator Pitch Guide

It's important to think about what you want to say before delivering your elevator pitch. Answer the following questions to help prepare some ideas for your pitch. Then, using your responses, craft an elevator pitch that you can use at the Showcase.

Prepare ideas for your elevator pitch.

What matters to you?

What are you good at?

What do you have to offer a potential business?

What interests you?

What do you want to be remembered for doing?

If you asked a friend, how would that friend describe you?

What is one thing people should know about you?

Compile the basic information for your pitch.

- 1. Your Name
 - The dream job you would like to have:
 - Skills or interests that you have that could contribute to that job:
 - Something about yourself that would make a positive and memorable impression:
- 2. Using the information above, write your pitch.

3. Be sure to practice your pitch before the Showcase to put your best foot forward.

JA INSPIRE QUESTION GUIDE

You need to be prepared to ask the businesses good questions and have meaningful conversations at the Showcase. Think about what you would like to know, and then try to write questions that aren't what everyone else might ask. People in business appreciate questions that are unique and thoughtful.

About the Business

Example: What type of person is successful in your business? Example: How many hours do you work each week? Example: What types of opportunities for raises and promotions are at your business?

Example: How do most people work, alone or in teams? Example: What type of on-the-job training does your business offer?

About the Job

Example: What types of education or skills are required for your job? Example: What can I do today to begin preparing for a job like yours? Example: How do you use time-management skills in your job?

About the Business Representative

Example: Why did you choose this career? How did you get started? Example: What is the coolest thing you have ever done at work? Example: What do you like most about your job? Example: What daily tasks do you perform at your job? Example: Where do you generally do your work? Example: How much travel does your job require?

Student Name:_____

Sample Questions

- What do you do at your job?
- Why did you choose this career?
- How did you get started?
- What kind of education did you need for your job?
- What is a typical day like in your job?
- What skills are needed for your job?
- How many hours do you work each week?
- What's the coolest thing you do for work?

#1 Company	
Responses to questions asked: 1	
2	- -
	-
#2 Company	

Responses to questions asked:

1._____

1._____

2._____

#3 Company_____

Responses to questions asked:

2._____

#4 Company	
Responses to questions asked: 1	
2	

Companies Participating in the Showcase

Anderson I & II Career and Technology Center	Michelin North America
Anderson County Roads and Bridges	Milliken
Anderson Insitution of Technology	Pickens County Career & Technology Center
Anderson University	Reliable Sprinkler
AnMed	Robert Bosch LLC
Arthrex	SC DEW/SC Works
BASF Metals, LLC	SC Vocational Rehabilitation
Be Pro Be Proud	Sealevel Systems, Inc.
Champion Aerospace	Smurfit Westrock
Dodge Industrial	Southern Wall Products
Duke Energy	Sulzer Pumps Solutions
Electrolux	TD Bank
Electrolux	Top Edge Components
First Quality	Tri-County Technical College
Hamilton Career & Technology Center	United Tool and Mold
King Asphalt, Inc.	Vertiv
Lift-Tek	Yoders Building Services

JA INSPIRE DOS AND DON'TS

DO

1. Get a good night's sleep.
2. Dress appropriately to make a good first

impression.

- 3. Check your appearance in a mirror.
- 4. Mute cell phones and other digital devices.
- 5. Offer a professional greeting.
- 6. Smile and have a positive attitude.
- 7. Make eye contact.
- 8. Stand tall. Sit straight.
- 9. Be able to show that you know about the business.
- 10. Get to the point. Express your thoughts clearly and simply.
- 11. Make sure you answer the question you were asked. Stay on topic.
- 12. Bring a portfolio with work samples if you have some to share.
- 13. Follow up with a thank-you note or email.

Use these tips now and in future interactions with businesses!

DON'T

- 1. Be late.
- 2. Use a cell phone or other digital device during the event.
- 3. Chew gum.
- 4. Be sarcastic or disrespectful.
- 5. Ask personal questions, such as how much money someone makes.
- 6. Mumble.
- 7. Slouch.
- 8. Act distracted.
- 9. Criticize your teachers, fellow students, or former employers.



Session Four: Showcase Personal Reflection

It takes time to process new information and reassess plans.

The Showcase helped you begin a thoughtful process to assist in planning your education and future career. Now it's time to think about everything you learned and how you can use that knowledge in the future.

> Watch the video "Reflection and Next Steps." Your teacher will share the video.

> > 1



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- Open your JA Inspire Personal Reflection worksheet.
- Complete the charts and write a paragraph about your next steps.

We hope you've learned about career opportunities that might be right for you and enjoyed exploring businesses in your local community. The goal was to inspire you to focus on your future career as you head towards high school and beyond.



A special thank you to the AOP Business & Industry Showcase Board Members for making this event happen for our 8th grade students each year!

